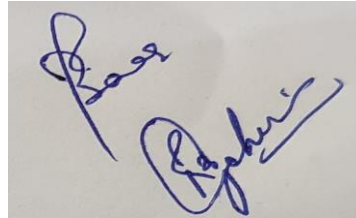


Report of Lectures/Orientations/Workshops/Other Activities of S. B. Deorah College

1. Name of the Event:	ONE DAY WORKSHOP ON BEAUTY CARE IN SUMMER & FOOD AND NUTRITION
2. Date and Time:	20/05/2024 12.30 P.M
3. Venue:	CONFERENCE HALL
4. Organized by Department/ Cell/ Committee:	WOMEN'S CELL
5. Name of the Convenor:	Dr.JUSHNA BARUAH & RASHMITA BORGOHAIN
6. Resource Person and Organization Details:	MALA MAHANTA BHUYAN BEAUTY THERAPIST, MALA MAHANTA BHUYAN
7. Objective of the event:	TO OFFER BASIC KNOWLEDGE ABOUT BEAUTY AND SELF CARE.
8. Number of Participants:	30
9. Category of Participants (e.g. Students/Faculty etc.):	STUDENTS AND FACULTY
10. A brief report of the event: Women's Cell SB Deorah College organized a one-day workshop on <i>Beauty care in Summer and Food and Nutrition</i> at the Conference Room on the 20th May 2024. The Resource person of the event Beauty therapist, Imagik Beauty Clinic, Mala Mahanta Bhuyan shared basic beauty and self-care tips with the students. In the programme chaired by Principal, Dr.Dharmendra Nath and attended by students and teachers, Mrs. Bhuyan emphasized on the need of proper food and nutrition for our physical and mental wellbeing. Answering to various queries of the students, she said due to our hectic life, very often our health gets neglected. She stressed on the need of a healthy lifestyle, food habits, exercise and hydration to improve the quality of our lives.	



Signature of Convenor

Photographs of the event:





Name & Signatures of Participants:

